

WEEK 1 MENU

W/C: 30/10 , 20/11 , 11/12 , 01/01 , 22/01 , 04/03 , 25/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Traditional Cottage Pie ❤️ Served with Vegetables and Gravy	Vegetarian Sausages ♻️ Served with Mashed Potato, Vegetables and Gravy
TUE	Turkey Con Chilli ❤️ 🌿 Served with Rice and Peas	Feta and Beetroot Burger ♻️ Served with Chipotle Wedges and Salad
WED	Honey Roast Ham and Roast Potatoes Served with Vegetables and Gravy	Vegetarian Cottage Pie ♻️ ❤️ Served with Vegetables and Gravy
THUR	Smokey Chicken Pasta Bake Served with Salad	Sweet Potato and Bean Enchilada ♻️ Served with American Slaw
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Mac & Cheese Pot ♻️ Served with Chips and Peas

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad** ♻️ ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 ❤️ ♻️

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich ♻️
Ham Baguette
Cheese & Tomato Baguette ♻️

WRAPS:

Tuna Crunch Wrap 🌿
Pepper and Houmous Wrap ♻️ 🌿

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito

WEEK 2 MENU

W/C: 06/11 , 27/11 , 18/12 , 08/01 , 29/01 , 19/02 , 11/03

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

MON	Chicken Shawarma Flatbread Served with Salad	Vegetarian Mexican Tortilla Pie   Served with Wholegrain Rice and Vegetables
TUE	Southern Fried Chicken Katsu  Served with Wholegrain Rice and Vegetables	Yellow Vegetable Curry    Served with Wholegrain Rice and Vegetables
WED	Roast Pork Served with Roast Potatoes, Vegetables and Gravy	Louisiana Soul Bowl    Served with Yellow Rice and American Slaw
THUR	Chicken and Vegetable Tikka Masala   Served with Wholegrain Rice and Sweetcorn	Roasted Cauliflower and Chickpea Korma    Served with Wholegrain Rice and Sweetcorn
FRI	Fish and Chips Served with Peas and Baked Beans	The Veggie Dog  Served with Peas and Baked Beans

WEEKLY SPECIAL

- Moroccan Chicken Salad  •

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito

WEEK 3 MENU

W/C: 13/11 , 04/12 , 15/01 , 05/02 , 26/02 , 18/03

CHOICE One

CHOICE Two

GRAB & GO OPTIONS

MON	BBQ Pork Meatballs 🌿 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	Cauliflower Mac'n'Cheese 🌱 🌿 🍷 Served with Pizza Pinwheel and Salad
TUE	Teriyaki Chicken Soul Bowl 🍷 🌿 Served with Pineapple Rice, Crunchy Slaw and Peas	Vegan Chilli 🌱 🍷 🌿 Served with Wholegrain Rice and Peas
WED	Roast Turkey Served with Roast Potatoes, Two Vegetables and Gravy	Black-eyed Bean Burger 🌱 Served with Garlic and Herb Wedges And American Slaw
THUR	Sticky Chicken and Vegetable Noodles 🍷 	Sweet and Sour Vegetables 🌱 🍷 🌿 Served with Wholegrain Rice
FRI	Southern Fried Chicken Goujons Served with Chips, Peas and Baked Beans	Mexican Loaded Wedges 🌱 Served with Peas and Baked Beans

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Tuna and Sweetcorn Pasta Salad
 Pesto Pasta Salad 🌿 🍷 🌱

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
 Chicken, Lettuce & Mayo Sandwich
 Cheese Sandwich 🌱
 Ham Baguette
 Cheese & Tomato Baguette 🌱

WRAPS:

Tuna Crunch Wrap 🌿
 Pepper and Houmous Wrap 🌱 🌿

HOT DISHES:

Paninis
 Pasta & Sauces
 Freshly Baked Pizza
 Love Joe 's Mexican Burrito