

Welcome to the Year 11 Information Evening



Key Dates

Attendance and Punctuality

Homework

ClassCharts

Our Expectations

Mobile Phones

GCSE Grade 1-9

Supporting with GCSE's

Key Dates

Below is a list of the key dates for your diary

Date	Event
Thursday 17th October	Year 11 Tutor Evening
Monday 18th November	1st Mock Exam Session
Thursday 28th November	Look to the future fair
Thursday 9th January	Year 11 Parents evening
Thursday 27th February	2nd Mock Exam Session
End of April to Mid June	GCSE Exam Season
Tuesday 23rd June	Prom at Boringdon Park
Thursday 20th August	GCSE Results Day

Attendance at Plympton Academy

- Achievement of our students is one of our main priorities.
- In order for us to do this, they need to be here!
- We aim to achieve **100%** attendance across the academy.



Attendance...it really is that important!

<i>Attendance During one school year</i>	<i>Number of days absent</i>	<i>Weeks absent</i>	<i>Lessons Missed</i>
95%	9	2	50
90%	19	4	100
85%	29	6	150
80%	38	8	200

Our Attendance Policy



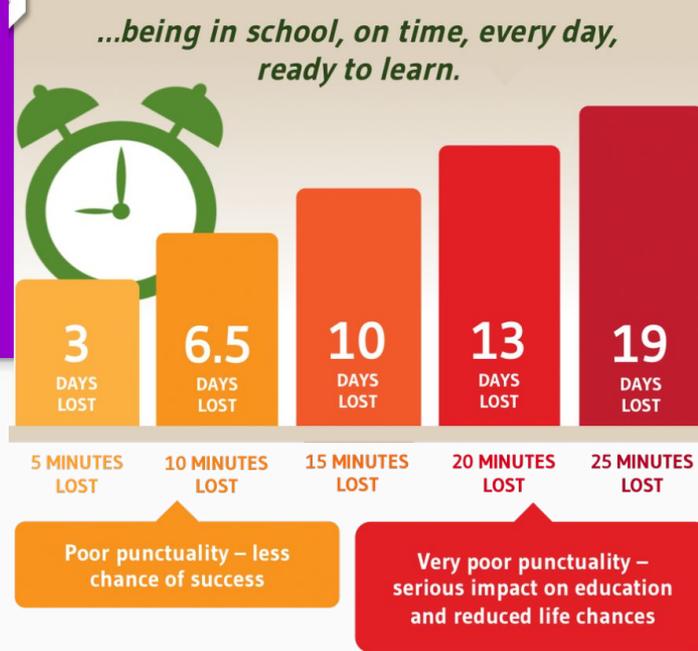
School success starts
with attendance

Strategy outline:

- There are 4 stages to our attendance policy.
- These stages are supportive measures that help us to regularly communicate to ensure as few academy days are missed as possible.
- The Attendance Outreach Officer will also support to ensure students have every opportunity to attend the Academy.

Punctuality

- Lack of punctuality disrupts lessons
- Reduces important learning time
- Affects the learning and behaviour of the pupil who is late
- Negative impact on all other learners as well
- Students who are late will receive a break time detention.



Timing of the School day

08:30- The preferred time for students to be in school.

08:40 Lesson 1 Starts

09:35 Lesson 2 Starts

10:30-10:50 Break

10:50-11:10 Tutor Time Reading

11:10 Lesson 3 Starts

12:05 Lesson 4 Starts

13:00-13:40 Lunch

13:40 Lesson 5 starts

14:35 Homework Check

14:40-15:00 Tutor/Assembly



Homework

As an academy we have adopted a new approach to homework.

This is supported by research from the EEF and DFE.

Homework is set centrally on class charts and there is a timetable to follow.

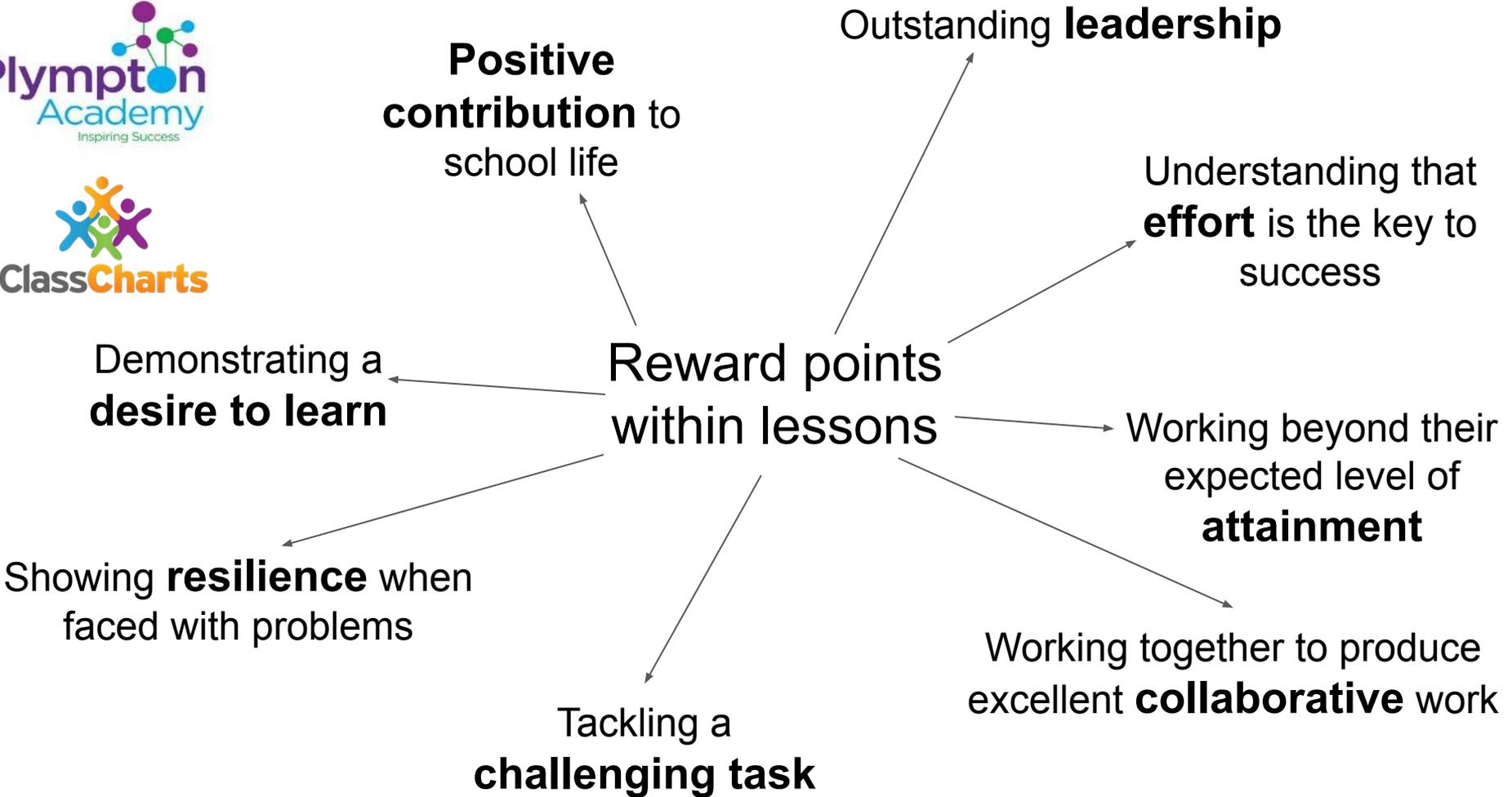
Day	Subject 1	Subject 2	Subject 3
Monday	English	Biology	Option R
Tuesday	Maths	Option Q	Option N
Wednesday	Chemistry	Option P	Option R
Thursday	English	Option Q	Option N
Friday	Maths (Hegarty)	Physics	Option P

Rewards



Rewards = motivate learners to be successful
Successful learners = Successful people





Use of Mobile Phones & Headphones during school hours

'Students are only allowed to use their phones and headphones at break time and lunch time. Any student seen using their phone outside of these times will be challenged by a member of staff/Conduct Card signed and the phone confiscated.

-CONFISCATED PHONES/HEADPHONES will be given to RECEPTION staff who will LOCK THEM AWAY for the rest of the day.

- STUDENTS CAN COLLECT phones at 3pm that day only.

*- On the THIRD confiscation **PARENTS** will be asked to collect the item and meet with the **Head of Year**.*

-Refusal to hand the phone over will result in Seclusion for non-compliance.

GCSE Grade 1-9 System

Key areas to note include

- Grade 9 is a new grade.
- The “standard” pass level is Grade 4
- The “strong” pass level is Grade 5

New grading structure	Current grading structure
9	
8	A*
7	A
6	B
5	C
4	
3	D
2	E
1	F
	G
U	U

GCSE's this year.

GCSE RESULTS DAY

How will students be prepared?

Revision is vital and we will support students with this.

After school support sessions.

Mentoring Programmes

Pastoral support

How can you support us?

Just remember to be ACE...

A Ask questions.

C Communication

E Expect the best

Supporting with GCSE's as a parent

- **Assisting with Revision**
 - Help produce a revision timetable
 - Make sure they have everything they need and put away the things they don't.
 - Make it interesting with flash cards and highlighters.
 - Listen to them when they revise and then ask questions.
- **Providing all round support**
 - If possible, provide a calm place
 - Encourage them to take a break where necessary and to continue with their hobbies and interests.
 - Discourage late night cramming- a good night's sleep is far better than a night spent stressing and revising.
- **Bribes, treats and rewards.**
 - Try to instill a feeling that the result is the reward.

Supporting with GCSE's as a parent



A screenshot of the Seneca website's header. The background is a vibrant blue and teal gradient. In the top left corner is the Seneca logo. In the top right corner are the links "Blog", "Free GCSE Courses", and "Log in", followed by a "Sign up" button. The main heading is "Learn 2x Faster" in a large, white, sans-serif font. Below it is the sub-heading "The World's First Accelerated Learning System". In the center, there are three stacked buttons: a green one for "Students, start here.", a light blue one for "Teachers, start here.", and a slightly darker blue one for "Parents, start here.".

5 Reasons Why You Need Seneca

2x Learn 2x Faster



Free Accelerated Learning System

<http://www.plympton.academy/students/revision-support>

Supporting with GCSE's as a parent



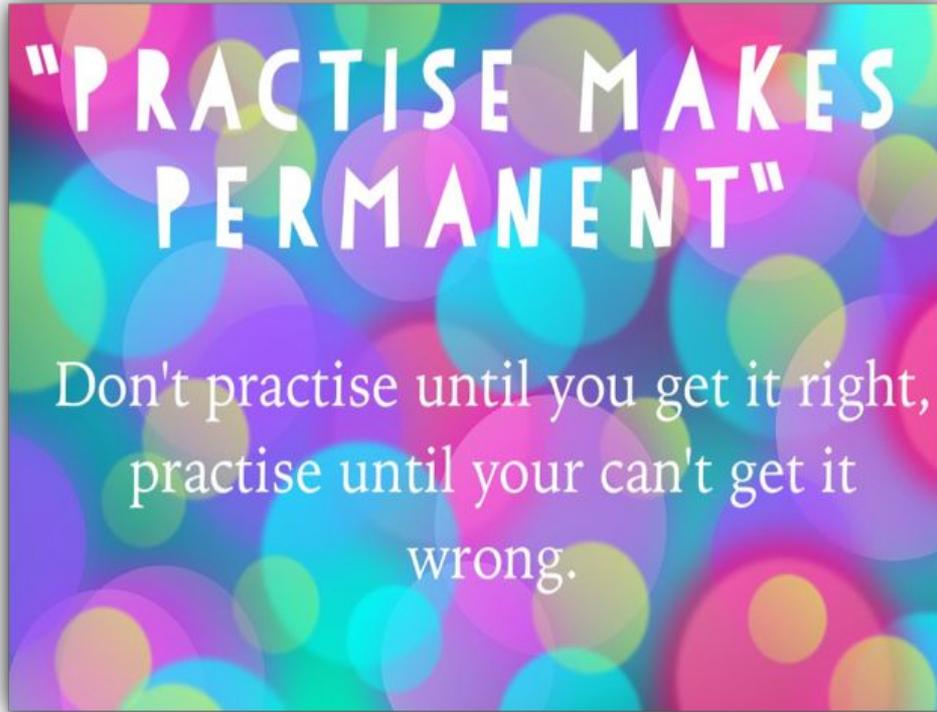
Plympton Academy Shop

Welcome to the Plympton Academy shop, here you can purchase a range of products and services that the school and sports centre offer. Please make your selection from the items below and collect them from the academy or sports centre.

For fitness suite memberships please complete your membership application form with one of our gym instructors on your first visit, you may be asked for proof of payment.

Please collect your Maths revision guides and equipment from your maths teacher, once you have made payment.

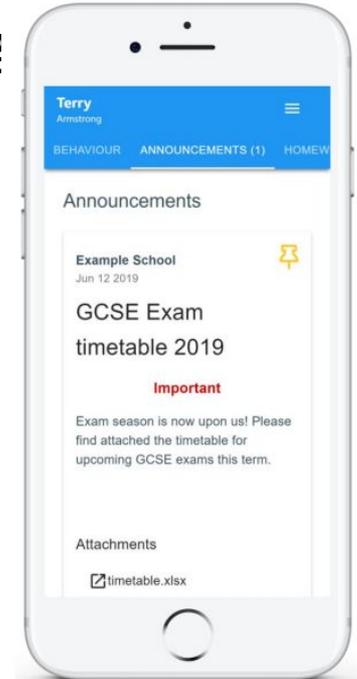
Evidence Based Revision



ClassCharts

Please download the ClassCharts app. We will be sending regular updates and messages through the app regarding Year 11 events, study guidance and support on offer.

https://pages.classcharts.com/wp-content/uploads/2019/07/Class_Charts_for_parents_guide.pdf



Examinations

Core Mock Exams (English, Maths, Science)

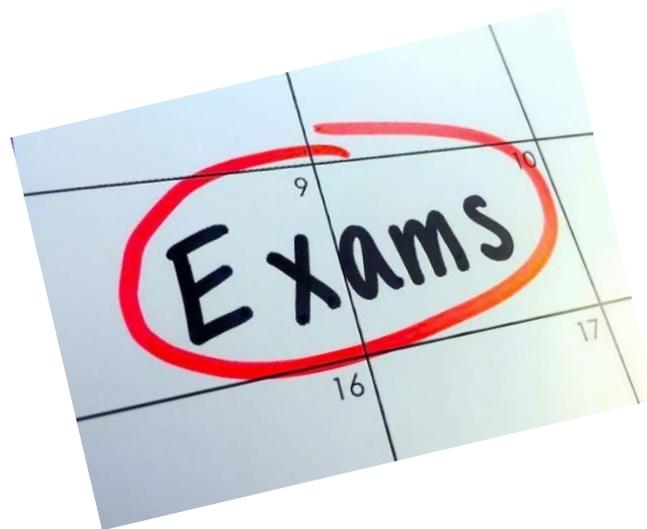
18th November - 29th November

Full Mock Exams

24th February - 6th March

Summer Examination

11th May - 18th June



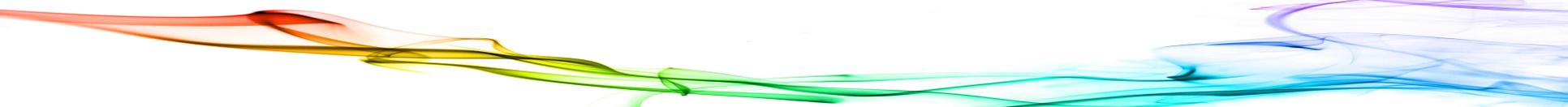
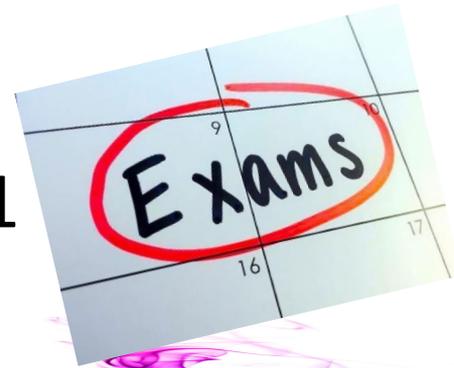
So What are the Mocks for?

To see where you are at this point

To practise taking exams under ‘exam conditions’

To give you ‘next steps’

To help make a plan for the rest of Year 11



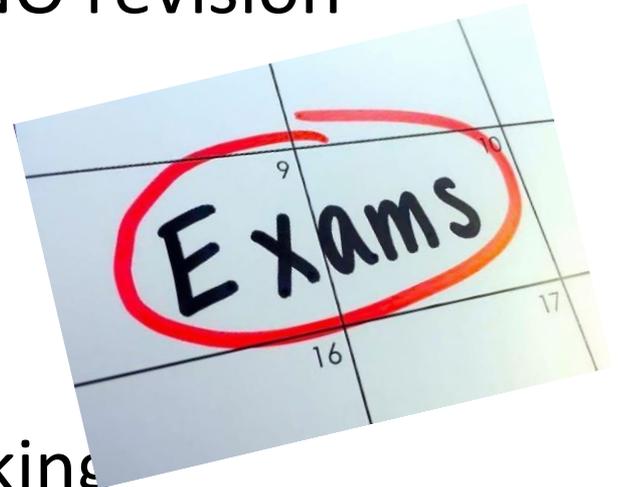
So what are they NOT for?

To see where you are at if you do NO revision

To cause you stress and anxiety

To make you feel bad

To give your teachers loads of marking



Final Push



Revision Support

Under the student section of our website are revision guidance and support material for both students and parents.

<http://www.plympton.academy/students/revision-support>

Keeping active during Revision
Information for parents and carers

PIXL
partners in excellence



Did you know?



Research shows that physically active students have more active brains. Even walking for just 20 minutes can significantly increase activity in the brain. This means that it is really important for students to take regular breaks in their learning.

Exercise triggers the release of various hormones and chemical compounds in the body and has many benefits to learning:

- It improves cognitive brain function
- It improves students' ability to focus for longer periods of time
- It can reduce stress levels
- It can improve memory retention

Studies have shown that exercise helps to oxygenate the brain and release tension, helping students to keep calm, mentally relax and study more efficiently. Productive people often work smarter rather than harder and exercise has a huge part to play in this.



Ten Top Tips For Revision Success!



Before you start, plan

We've all done it, spent so long revising the really tough stuff leaving no time for the remaining 90% of our revision. Plan, stick to it and don't panic!



We'd all love
in 5 minute
hours a day
manage



There are
different way
just copying
sticking it.



One's Own

Find a good place to revise,
e that a quiet library, your
ider a tree.



Short breaks!

overload. We're not designed
or more efficiently if we take
> and move around, have a
st close the book, make the
st time off!



Feed & water regularly

Like a car, if you run out of petrol you're not going to get very far. A fed and watered revision brain, is a happy, efficient revision brain revving its highly tuned engine!



Testing times

Don't just input, check what you know. You can do this with friends, family, or on your own. Testing is a great way of combating those nerves by confirming what you know, and filling in the gaps!



Early to bed

It's the night before the exam. Now you've done all that work it's time to give your brain a rest, so you're in tip top condition for sitting that exam. **Good luck!**

THE POMODORO TECHNIQUE[®]

A SIMPLE METHOD TO BALANCE FOCUS WITH DELIBERATE BREAKS

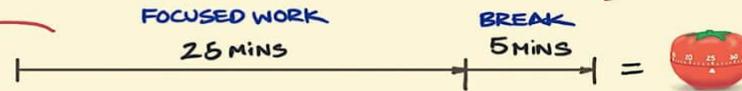


1 PLAN YOUR TASKS
How many pomodoros might you need?

2 DO 1 POMODORO
Time for 25 mins then take a 5 min break

NO SNEAKY
WORKING!

PROTECT
YOUR POMODORO!



3 REPEAT x 4 POMODOROS
Then take a longer break

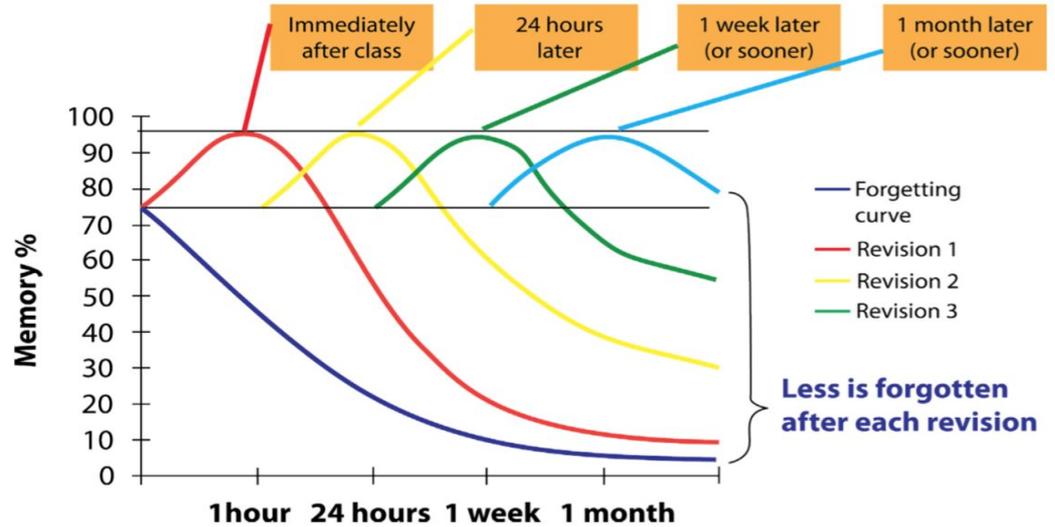


Spaced Repetition.

Review knowledge at specific, increasing intervals: for example on Day 1, Day 2, Day 4, Day 8 and so on.

Spaced repetition works because it activates your longterm memory, while leaving small breaks in-between studying uses your short-term memory.

The forgetting curve



Active Recall/Retrieval Practise

Over 100 hundred years of research has demonstrated that we learn more effectively by the frequent retrieval of information from the brain. This is by far the most important technique to make revising more efficient.

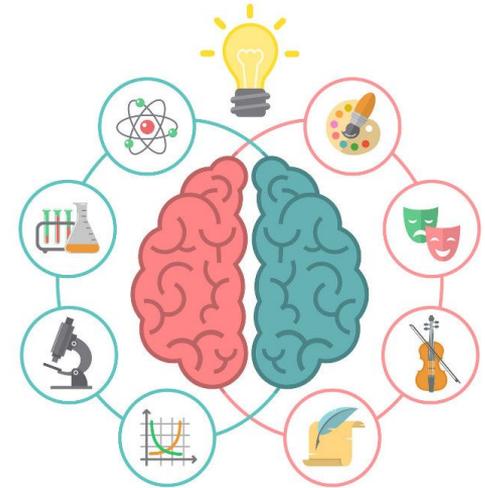
Highlighting and re-reading are amongst the least effective, but most commonly used.



Active Recall/Retrieval Practise

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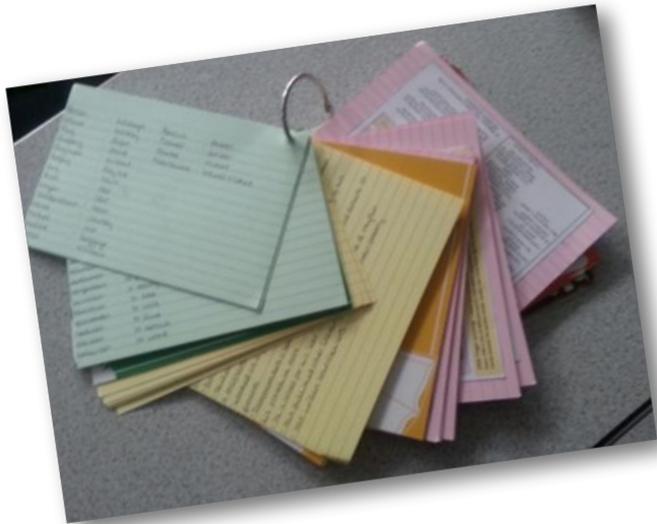


I FEAR NOT
THE MAN WHO HAS PRACTICED
10,000 KICKS ONCE.
I FEAR THE MAN
WHO HAS PRACTICED
ONE KICK
10,000 TIMES.

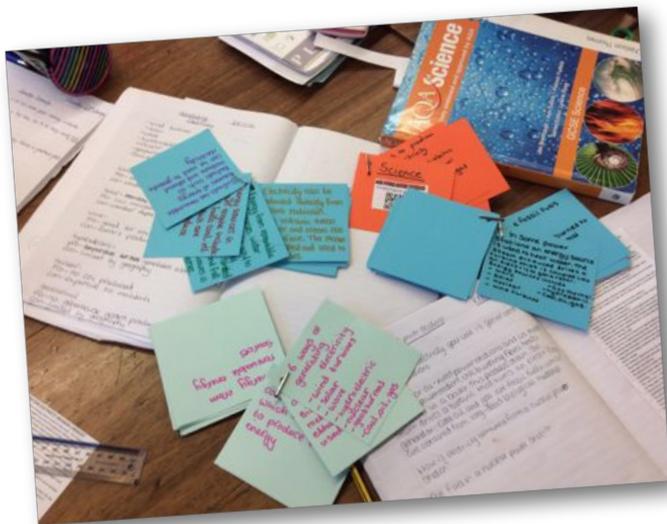
Bruce Lee



Flash Cards



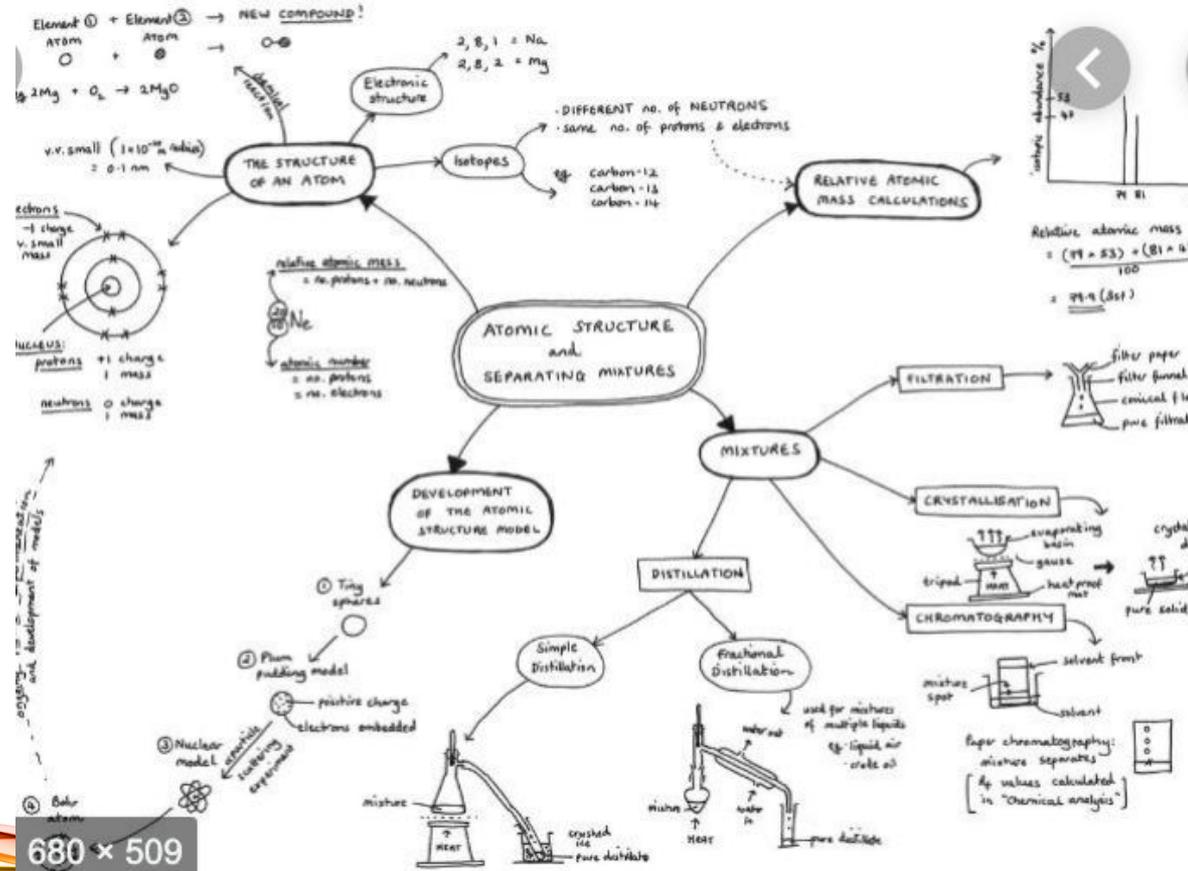
GetRevising
learn together



Quizlet



Closed Book Notes



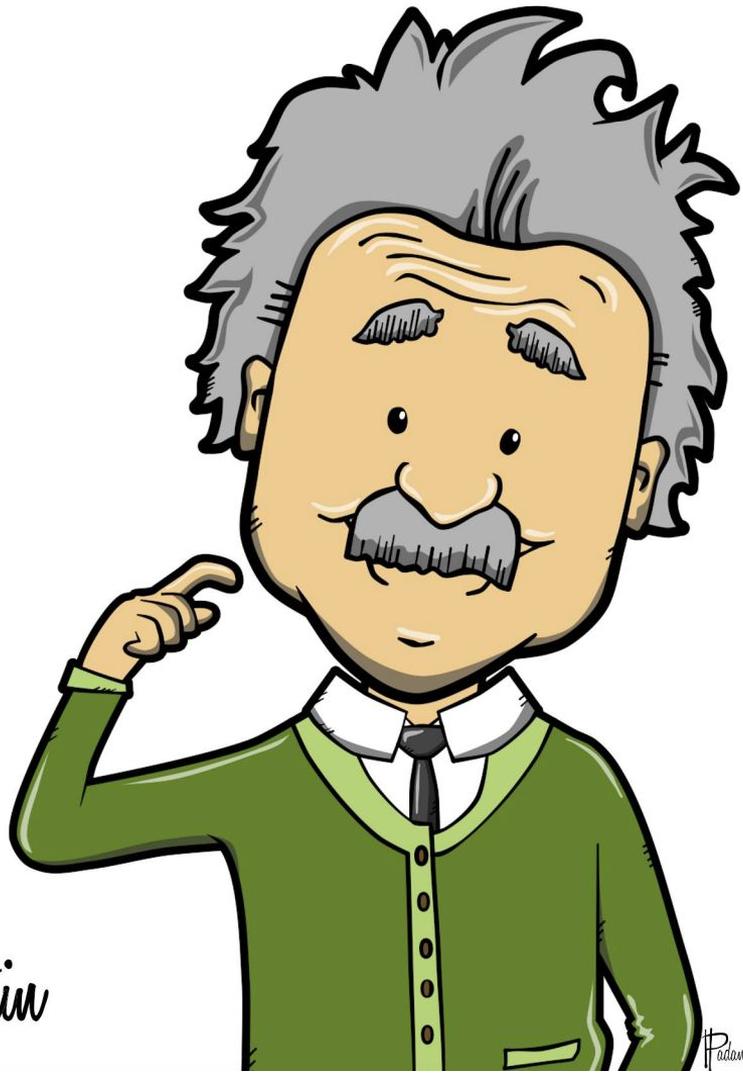
Self-Questioning and Quizzing

The approach of writing questions for yourself from notes then continually being tested.

Number	Question	Answer
1	Define atom	The smallest part of an element that can still be recognised
2	Define element	A substance made of only one type of atom
3	Define compound	A substance made of two or more different atoms chemically bonded
4	Define molecule	A substance made of more than one atom chemically bonded
5	Define mixture	A substance made of more than one thing not chemically bonded
6	State the three subatomic particles	Protons, neutrons, electrons
7	State the masses of the subatomic particles	Protons: 1, neutrons: 1, electrons: 0
8	State the relative charges of the subatomic particles	Protons: +1, neutrons: 0, electrons: -1
9	How are the subatomic particles arranged in an atom? (3 marks)	Protons and neutrons in the nucleus, electrons orbiting in shells
10	What is the plum pudding model of the atom?	A ball of positive charge with negative electrons studded throughout
11	What did the gold foil experiment prove?	That atoms have dense nuclei with a positive charge
12	What is the atomic number of an atom?	The number of protons in an atom
13	What is the mass number of an atom?	The number of protons + the number of neutrons in an atom
14	How do you calculate the number of neutrons in an atom?	Mass number - atomic number
15	How are the electrons arranged in atoms?	Orbiting the nucleus in shells
16	How many electrons can go in the first shell?	2
17	How many electrons can go in the second and third shells?	8
18	What are groups in the periodic table?	The columns, numbered 1, 2, 3, 4, 5, 6, 7, 0

YOU
NEVER FAIL
UNTIL YOU STOP
TRYING.

Albert Einstein



Exam Success Tip #1

"Believe"



*The difference between
try and triumph is just a
little 'umph'.*

Year 11 Information Evening



Katie Kerr
Assistant Principal
Sixth Form Strategy



Post 16 Options

Apprenticeship

College

Sixth Form

Training

- There are lots of routes open to you when you leave school.
- You must however be in some form of education or training until you are 18 years old.
- You can no longer leave at 16 and just get a job.

Keeping informed

26th June 2019 - Year 10 Taster Day

17th October - Tutor evening - discuss progression routes

Semester 1 week 10 - Refresher sessions

28th November - Look to the futures Fair - come and talk to teachers/employers

December - Applications

13th January - Interviews for 6th form begin

Apprenticeships

What do I need?

Most apprenticeships require 3 GCSEs grade 9 - 4. But may have specific requirements.

What are they?

They are vocational training, so you are learning on the job. You will also have a college element. You will get paid at least £3.70 per hour.

What can I do after?

Some people go on to study higher apprenticeships or go straight into employment

Find out more? Visit the Apprenticeship Service Website



Military

What do I need?

To join as a soldier there are not specific entry requirements in terms of qualifications but you will need to do a fitness test and English/Maths test. You also need to be physically fit - e.g. no asthma

What are they?

They help you complete qualifications in your area of interest.

What can I do after?

Some people go on to study higher apprenticeships or go straight into employment. Others stay and look to become officers



College

What do I need?

Most Level 3 courses (same as A Level) require 5 GCSEs grade 9 - 4. But may have specific requirements. You might be able to do Level 2 courses (same as GCSE) with fewer qualifications

What are they?

Similar to 6th Form although often specialising in one subject. Great if you want a career in a specific industry e.g. Equine Studies

What can I do after?

Some people go on to study higher apprenticeships or go straight into employment. With some courses it is possible to go onto university, but you need to check the level of the course

Find out more? Visit the Plymouth College/Art College/Duchy College website



6th Form @PA



Being Future Focused

6th Form @PA

What do I need?

Most Level 3 courses (same as A Level) require 5 GCSEs grade 9 - 4. But may have specific requirements.

What are they?

You study 3 subjects which can be a combination of btecs and A Levels.

What can I do after?

Most people who stay with us go onto university, but we also have some who go onto level 4 apprenticeships. Some also go into the military at a higher level as they have higher qualifications.

25% attending Russell Group Universities

Applied Cohort in top 10%

Find out more? Visit the school website

