

# Summer Work Year 11 into 12

Name of Subject: Health and Social Care SINGLE

## Summary of the course:

Exam Board: Pearson

Course Title: BTEC - Level 3 Nationals. Extended Certificate in Health and Social Care

## Subject/unit lead teachers and their contact:

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## What should I get in preparation for September?

1 x A4 Lever Arch Folder  
Dividers (between 10 - 12 dividers)  
Plastic wallets  
Highlighters  
A4 exercise/note book (if preferred however one will be supplied for you)

If possible, you can purchase the BTEC Level 3 National Revision Guide on Amazon for £11.16 or by the school Parent Pay (only a few available)

[https://www.amazon.co.uk/National-Health-Social-Revision-Guide/dp/1292230444/ref=sr\\_1\\_4?crid=2K00MQEKQ7U0C&dchild=1&keywords=btec+level+3+health+and+social+care&qid=1593346855&sprefix=BTEC+level+3+health+and+%2Caps%2C165&sr=8-4](https://www.amazon.co.uk/National-Health-Social-Revision-Guide/dp/1292230444/ref=sr_1_4?crid=2K00MQEKQ7U0C&dchild=1&keywords=btec+level+3+health+and+social+care&qid=1593346855&sprefix=BTEC+level+3+health+and+%2Caps%2C165&sr=8-4)

There is also a work book with many different assessments in there which you might wish to purchase, however I have this copy and can easily share with you at different times throughout the course.

Yet here is the Amazon link for £10.66

[https://www.amazon.co.uk/National-Health-Social-Revision-Workbook/dp/1292230584/ref=pd\\_bxgy\\_img\\_2/262-9627582-1449816?encoding=UTF8&pd\\_rd\\_i=1292230584&pd\\_rd\\_r=e83d8055-65d6-4dee-8d3d-355b86c5c80a&pd\\_rd\\_w=mHnIS&pd\\_rd\\_wg=zpjN7&pf\\_rd\\_p=8fda86c3-ed56-4a08-b241-1bb18e3aa3f8&pf\\_rd\\_r=6GEFEVWV1GGBAQJ1VGBF&psc=1&refRID=6GEFEVWV1GGBAQJ1VGBE](https://www.amazon.co.uk/National-Health-Social-Revision-Workbook/dp/1292230584/ref=pd_bxgy_img_2/262-9627582-1449816?encoding=UTF8&pd_rd_i=1292230584&pd_rd_r=e83d8055-65d6-4dee-8d3d-355b86c5c80a&pd_rd_w=mHnIS&pd_rd_wg=zpjN7&pf_rd_p=8fda86c3-ed56-4a08-b241-1bb18e3aa3f8&pf_rd_r=6GEFEVWV1GGBAQJ1VGBF&psc=1&refRID=6GEFEVWV1GGBAQJ1VGBE)

## How will this be assessed in September?

You will be assessed on mainly short style exam questions, ending with 2 x 8/10 markers based on Physical, Intellectual and Emotional Development across the 6 life-stages.

## Read it:



Child Health and Human Development Over a Lifespan

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3854993/>

Developmental Psychology

<https://www.simplypsychology.org/developmental-psychology.html>

Both of these are web links, however when downloaded, the content is extremely more accessible compared to the webpage

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Watch it:



These are short TED ED videos explaining some physical changes which we experience through our life-span

**Hormones and Puberty**

<https://www.youtube.com/watch?v=-SPRPkLoKp8>

**Why Do Our Bodies Age?**

<https://www.youtube.com/watch?v=GASaqPv0t0g>

**How to Live To Be 100+**

<https://www.youtube.com/watch?v=ff40YiMmVkU>

Do it:



Use the following PowerPoint template and **make a copy and save to your own Drive.**

<https://docs.google.com/presentation/d/1Z-SE3zkC4do6e0gmV2Vx6roVo3DkbVlFfEwdn-ZuXXE/edit#slide=id.p>

**If you are unable to open the link or print, then please use plain paper and copy out the template for each slide**

As you will see there is a slide for physical, intellectual, emotional and social development each sectioned off into the life stages.

Fill in each area with the knowledge you have gained so far through lessons. If you are new to H&SC, then research changes that happen during the life-stages for each area of development.

For each 'change' you have identified, I would like you to research the 'reason' for that change PLUS any additional information to expand on your findings.

**Model Example:**

**Piece of information:** Adolescents go through puberty during the ages of 9 - 15 years old.

**Reason for this change:** Puberty is the process of preparing the body for reproduction and the body triggers due to specific hormones being released.

**Additional Information:** For females they start to produce oestrogen and for males, they start to produce testosterone.

**When we identify a piece of information, which is then followed by a reason, this is an 'explanation'. This is a key command word which is vital when answering exam questions or meeting assignment criteria.**

This task will allow you to practice this skill.

**(Optional) Stretch it:**



Watch any episodes of Secret Life of... available on Channel 4 Catch Up On Demand  
Watch the Netflix Series called 'Babie'

Listen to the podcasts

The Importance of Play in Childhood: <https://www.bbc.co.uk/programmes/m000cl44>

How Are Memories Formed: <https://www.bbc.co.uk/programmes/b081lkn8>

Aging Unmasked - Fitness: <https://soundcloud.com/user-285270443/episode-6-fitness>