




Learning Aim A	Learning Aim B
<p>A1 Human growth and development across life stages</p> <p><b>Main life stages:</b>                      Infants (birth to 2 years)                      Early Childhood (3-8 years)                      Adolescence (9-19 years)                      Early adulthood (19-45 years)                      Middle adulthood (46 - 65 years)                      Later adulthood (65+)</p>  <p><b>PIES growth and development in the main life stages:</b>                      Physical growth and development across the life stages, including gross and fine motor skills , growth patterns, primary and secondary sexual characteristics, menopause, loss of mobility, muscle tone/strength and skin elasticity                      Intellectual/cognitive development across the life stages, including language development, problem solving, abstract and creative thinking, development/loss of memory and recall                      Emotional development across the life stages, including bonding and attachment, independence and self-esteem, security, contentment, self-image                      Social development across the life stages, including the formation of relationships with others and the socialisation process</p>	<p>B1 Different types of life event</p> <p><b>Physical events, to include:</b>                      Accident/injury                      Ill health</p> <p><b>Relationship changes, to include:</b>                      Entering into relationships                      Marriage                      Divorce                      Parenthood                      Bereavement</p> <p><b>Life circumstances, to include:</b>                      Moving house, school or job                      Exclusion from education                      Redundancy                      Imprisonment                      Retirement</p> 
<p>A2 Factors affecting growth and development</p> <p><b>Physical factors, to include:</b>                      Genetic inheritance                      Experience of illness and disease                      Diet and lifestyle choices                      Appearance</p> <p><b>Social and cultural factors, to include:</b>                      Culture                      Community involvement                      Religion                      Gender roles and expectations                      Educational experiences                      The influence of role models                      The influence of social isolation                      Personal relationships with friends and family</p>  <p><b>Economic factors, to include:</b>                      Income/wealth                      Material Possessions</p>	<p>B2 Coping with change caused by life events</p> <p><b>How individuals adapt to these changes</b></p> <p><b>Sources of support:</b>                      Family, friends, partners                      Professional carers and services                      Community groups, voluntary and faith - based organisations</p> <p><b>Types of support:</b>                      Emotional                      Information and advice                      Practical help, e.g. financial assistance, childcare, transport</p> 