

Challenge Week 2020

CHALLENGE WEEK 2020

MONDAY 29th JUNE - FRIDAY 3RD JULY

Welcome to Challenge Week 2020! Challenge Week will take place from Monday 29th June - Friday 3rd July 2019. All students in Years 7, 8 and 9 will have the opportunity to take part in a range of activities that are not normally on offer as part of the standard curriculum.

Challenge Week is an integral part of students' education at Plympton Academy: it is a special week offering huge opportunities to extend and enrich their curriculum experience. Each student will be able to take part in 1 activity lasting over 5 days (Monday - Friday) or 2 different activities, split over 3 / 2 days (Monday - Wednesday and then a second activity for Thursday / Friday). Please be aware that you cannot choose the same activity on the Monday - Wednesday and Thursday - Friday split as although different, there are repeated elements within them.

Please take time to read through the booklet carefully. Some activities will require early departures from the academy and will return late in the evening. It is important that students can make their way safely to and from the academy at these times if they pick these activities. If a student is in receipt of free school meals, these will be ordered in advance for them.

Make sure you discuss your choices with both friends and family. There are almost 600 students in Years 7-9 and, whilst our aim is to allocate every student to their first choice, this cannot be guaranteed. It is therefore important that students select a second and third choice in case their first is oversubscribed. Students cannot opt for part of an activity and must accept the whole package where different daily activities are involved. As some activities will require a minimum number to run, please be aware that it may be necessary to cancel an activity should not enough interest be shown.

Once students have made their selection, they need to complete the booking form at the back of this booklet, detach it and return it to Student Services. The deadline for returns is Friday 29th November.

Please note that forms will be returned to students if they have not selected at least two choices or if a parent / guardian's signature has not been obtained. In addition, we reserve the right to make changes to the schedule of an activity, should it be deemed appropriate to do so. Students who return their form after the deadline may find that they do not receive any of their choices.

Attendance

Attendance during this week is not optional as it is part of our academy term. In line with normal procedures, a reason for non-attendance would be required since we have to provide details of all unauthorised absences to the Education Welfare Officer.

Cost

The cost of each activity is shown, but please be aware that this is based on the maximum amount of students for the activity taking part and are correct as of October 2019. Therefore, they are subject to change (for example, due to increased transport costs per person if fewer students take part and due to uncertainties in relation to fuel prices regarding Brexit).

Behaviour

Naturally, we expect students to maintain a high standard of behaviour during the week. All students should be aware that taking part in Challenge Week is dependent on a good behavioural record.

We have already built up a good reputation with the activity providers that we will be using and the coach companies. If we feel that a student is behaving in an unacceptable and potentially dangerous manner, they will be withdrawn from the activity. If this is the case, a refund will be unlikely and parents/guardians may be required to collect them from where the activity is taking place.

Payment

Activity allocation letters and request for payments will be sent during the week beginning Monday 6th January. Payments should be made via the ParentPay facility used at Plympton Academy. Deposits can be paid as soon as you have received confirmation of your child's activity. The deadline for deposit payments is Friday 30th January.

For higher cost activities, we can accept payments by installment after the deposit has been received, or if you wish to pay the balance in full then you may do so. All payments must be made in full by 1st June.

Please note, that we are unable to refund any deposits or payments if a student wishes to change activity as payments will have already been made to external providers. If an activity is missed due to illness, then a medical certificate would need to be seen in order to process a refund. The costings for these activities have been worked out as accurately as possible with the aim of the activity breaking even. In the unlikely event of a surplus less than £3 per student remaining, once all bills are settled, unless we hear from you to the contrary we will retain it for the general benefit of the students. For students in receipt of free school meals, then a 50% discount will be applied once the deposit has been paid.

If you have any questions about an activity you are interested in, please get in touch with the activity leader in the first instance. If you have any questions about the week in general, please contact Vicky Bawler at bawler@plympton.academy, or if you have a specific question about payment then please contact the finance team, finance@plympton.academy.

Activity leaders will be sending out detailed information about their activity during the week beginning Monday 3rd June. For the residential activities, there will also be a parents meeting taking place in May / June.

For on-site activities, the Plympton Academy Diner will be open at break and lunchtime, offering a reduced service. For off-site activities, students will need to bring a packed lunch with them, or there will be opportunities to buy food. The trip leaders will confirm this with you nearer the time.

Yours sincerely,

The Challenge Week Coordination Team
(Mr Ian Hartley; Ms Vicky Bawler; Ms Fiona Crossland; Ms Suzanne Fox and Activity Leaders)

FIVE DAY ACTIVITY OPTIONS

A Week of Adventure		AWA
Lead Staff: Ms Stark	Cost: £155 (Deposit £30)	Maximum Number: 32
<p>If you want a week of adventure but still collapse into your own bed each night, then this week is for you. We will spend most of the week in harnesses as we'll be Tree Surfing; visiting the Barn's indoor climbing wall and flying down the zip wire at Adrenaline Quarry. We'll also be tackling the Adrenaline Quarry Aqua Park; spending the day at Woodlands; Go Karting and ending the week with a Laser Tag competition.</p> <p>In order to take part in the Aqua Park activity, you must be able to swim 25m confidently. Activities at Adrenalin Quarry; The Barn; Tree Surfers and Go Karting will be led by qualified instructors.</p>		

A Week of Watersports		AWS
Lead Staff: Ms Cross	Cost: £195 (Deposit £30)	Maximum Number: 12
<p>If your mantra is the 'wetter the better' and think any moment on dry land is a moment wasted, then this week is for you. We will be based at the Mount Batten watersports centre and will be testing out a variety of water based activities including stand up paddleboarding; kayaking; canoeing and sailing.</p> <p>All equipment will be provided and activities will be led by Mount Batten instructors. For some activities you will need to wear old clothing, and a full kit list will be provided nearer the time. In order to take part in this activity, you must be able to swim 50m confidently.</p>		

Barton Hall (RESIDENTIAL)		PGL
Lead Staff: Ms Hughes	Cost: £295 (Deposit £40)	Maximum Number: 40
<p>Join us for an action packed week staying at PGL Barton Hall. We will leave school Monday morning and stay at Barton Hall in Torquay where will take part in a variety of activities including abseiling, Jacob's Ladder, zip wire, rope courses, shelter building, canoeing, dry slope skiing and much more. We will return to school Friday afternoon.</p> <p>We will be taking part in four different activities each day, alongside a variety of evening entertainments including quizzes; games and a disco. All activity and evening sessions are run by the PGL staff.</p> <p>We will be staying in our own accommodation block, in en-suite rooms. All meals will be provided including cooked and continental breakfast; lunch and a two course evening meal. Students will need a packed lunch for the Monday. Students will also need to bring their own sleeping bag and pillow and suitable clothing. A full kit list will be provided nearer the time and there will also be a parent's information meeting.</p> <p>For further information, have a look at: https://www.pgl.co.uk/en-gb/school-trips/secondary-schools/centres/barton-hall</p>		

Football Academy		FOA
Lead Staff: Mr Westall	Cost: £31 (Deposit £5)	Maximum Number: 30
<p>Are you someone who can never get enough football? This is the activity for you. You will spend 5 days full of skill based development workshops from FA qualified coaches, 5-a-side competitive tournaments, penalty shootouts and more! As part of our offer, we will also be planning on several trips to local South West professional clubs, taking Stadium Tours and performing in workshops with highly experienced coaches. You will get a real experience of what it is like to be a professional footballer for the week.</p> <p>You will need to bring your boots, shin pads and appropriate kit for the coaching sessions on the 3G. When visiting the clubs, you will need to be appropriately dressed and bring a packed lunch with you.</p>		

London (RESIDENTIAL)		LDN
Lead Staff: Ms Taylor	Cost: £501 (Deposit £50)	Maximum Number: 30
<p>Want to visit the home of natural history in the UK and walk with dinosaurs, dodos and sabre tooth tigers? Want to find out about the world of science through exhibitions, interaction and exploration? Want to see London from a different perspective? Want to learn more about our health, bodies and futures in a different way? Want to find out how the thrills of an amusement park are designed through the laws of physics? Want to find out how we can protect our futures and the futures of the plants and animals we share our planet with?</p> <p>Then come with us to London to visit: The Natural History Museum; The Science Museum; Wellcome Collection; The London Eye; London Zoo and Thorpe Park -</p> <p>The price includes all coach travel; 4 nights B&B stay at a London Premier Inn; entrance to all of the attractions listed above; packed lunches and evening meals at a range of popular London restaurants. A kit list will be provided nearer the time and there will be an information evening for parents.</p>		

Harry Potter		HPO
Lead Staff: Ms Clyndes	Cost: £80 (Deposit £10)	Maximum Number: 80
<p>Welcome to the Wizarding World of Harry Potter! Join us for 5 days of immersion in everything the books have to offer and let out your inner witch or wizard! The week includes a trip to the Harry Potter Studios near London which will be a full day trip in order to allow students to fully explore the scenes from the Harry Potter films.</p> <p>Activities will also include a full wizarding timetable (on the school site) of Ollivander's wand making, the Sorting Hat Ceremony, Transfiguration, OWL exams, team games, Horcrux hunting, the Care of Magical Creatures (with a LIVE surprise this year), duelling, Marauders Map creations and new for this year: Quidditch! Which team will be crowned champions? The week will conclude with a special wizarding guest travelling all the way from Romania where they were originally studying dragons!</p> <p>No special skills required - even Muggles can join! Just bring your imagination and if you have them - your wizarding robes! The visit to Harry Potter studios will leave early in the morning and return late in the evening.</p>		

Netball		NET
Lead Staff: Ms Luke	Cost: £28 (Deposit £5)	Maximum Number: 30
<p>A full week activity to improve confidence; teamwork and self esteem through netball and team activities. Everyone will have the opportunity to achieve personal goals and succeed whilst having fun, competing and relaxing. Activities include netball training and matches; a slumber afternoon party; cooking; fitness, sport recovery, facials and quizzes.</p>		

On Your Bike		OBI
Lead Staff: Dr Knight	Cost: £12 (Deposit £5)	Maximum Number: 36
<p>This popular activity returns for another year, giving you the opportunity to explore the local area by bike. Each day we will explore the local area on circular routes which begin and end at the academy. We will be riding along the Plym Trail to Jennycliff; around Burrator reservoir; cycling to Wembury Beach and touring the South Hams including Brixton; Yealmpton and Noss Mayo. You will need to have your own bike and helmet and will need to bring a packed lunch with you each day.</p>		

On Your Doorstep		OYD
Lead Staff: Ms Puleston	Cost: £100 (Deposit £25)	Maximum Number: 24
<p>Do you know what Plymouth and the surrounding area has to offer? If not why not join us to sample some of the local attractions close to home.</p> <p>Our days will include a relaxing train journey to Looe to eat fish and chips; catching the Cremyll Ferry to beautiful Mount Edgcumbe, venture further to Woodlands Adventure Park; catching the bus to Adrenaline & Clip & Climb and meandering around the Historic Barbican, The Hoe and hopefully even taking in a boat trip. (weather dependent)</p> <p>Please note that on some days we need to meet in Plymouth City Centre and bus fares to and from will not be included. Students will also need to provide a packed lunch, although there will be opportunities to buy chips and an ice cream on some days. The activities do require a reasonable level of fitness due to climbing; trampolining and there will be some walking involved.</p>		

Plympton On Tour		POT5
Lead Staff: Ms Heard	Cost: £120 (Deposit £30)	Maximum Number: 42
<p>Join Plympton Academy's very own coach trip with day trips to a variety of thrill-seeking activities. Monday sees an early start as we will be visiting Alton Towers for the day to take on the big seven including the Wicker Man; Rita and Nemesis. After a lie in on Tuesday, we will spend the day at the Ski Centre for a day of skiing; tubing and tobogganning (students will need to make their own way to and from the ski centre). On Wednesday we're off to Woodlands for riding, sliding and (more) toboggan glides, and then it's off to Crealy on Thursday to ride the Vortex; Twister and Maximus. We'll (hopefully) finish the week sunbathing and watersliding at Splashdown QuayWest. This activity is available as a 5 day activity or on a 3 day (Alton Towers; Ski Centre and Woodlands) / 2 day (Crealy and Splashdown) split.</p> <p>Please be aware that the visit to Alton Towers will depart early from school and return late (approximately 5am / 10pm) and school transport will not be available.</p>		

Putting on a Performance		POP
Lead Staff: Ms Crook	Cost: £230 (Deposit £40)	Maximum Number: 45
<p>This is a week dedicated to all things performing arts!</p> <p>This five day activity involves three days in school taking part in practical workshops and developing performance material for a final showcase. Two days are spent in London on a residential trip! We will go and see two different West End shows and see some of the famous sights whilst we are there. Hopefully students will be fully inspired by the performances that they see and will be excited to get in the studio and try out some of the material for themselves!!</p>		

Saddle Up		SUP
Lead Staff: Ms E Roberts	Cost: £140 (Deposit £30)	Maximum Number: 15
<p>This week is designed for those who have some experience at horse riding, whether they are at beginner, intermediate or expert level. During the week you will learn about looking after a horse and stable management and start the week with lessons within the stable complex. As the week progresses, you will be able to enjoy a coastal hack and a woodland ride. Travel to and from the stables will be by minibus. The stables are run by experienced, well qualified staff and have a range of horses to suit riders of different abilities. Students need to bring a packed lunch with them each day. Riding hats will be provided but suitable clothing and footwear must be worn.</p>		

Skate		SKT
Lead Staff: Mr Jones	Cost: £105 (Deposit £30)	Maximum Number: 15
<p>Prefer transporting yourself on a skateboard or scooter? Think football is too tame? This week will be based at the Junkyard Skate Park in Saltash, with all activities led by their qualified staff. You will take part in a range of skateboard / scooter themed activities. On Monday and Tuesday you will be taking part in a range of activities based in and around the ramps including t-shirt dyeing; photography and developing your own skills under expert tuition. On Wednesday you'll be visiting the MountHawke skatepark in St Agnes whilst on Thursday we will take you to Prime and Central Park to test out your skills both in and outdoors. We are off on our travels again on Friday, this time to Waves in Newquay (although this is weather dependent).</p> <p>Students will need their own board / scooter to use for the week. They will also need to bring a packed lunch or money with them on Mon/Tues/Thurs and Fri. On Wednesday, all students will need money as we will be having fish and chips for lunch. The price includes all activities and transport. Students will need to wear suitable clothing.</p>		

Think Global Act Local		TGAL
Lead Staff: Mr Edmonds	Cost: FREE	Maximum Number: 20
<p>There are many problems in the world today and it can all seem a bit overwhelming. However, there are plenty of things we can all do to help make a real difference.</p> <p>During Challenge Week we will survey the plant life around the school site (and plant some trees, shrubs and wildflowers!), explore the local insect and bird life (and make bird feeders and bug boxes!) and look at how much single-use plastic we generate (and start some recycling schemes!).</p> <p>You will need to bring: old clothes and shoes (we may get muddy) and gardening gloves if you have them.</p>		

THREE DAY ACTIVITIES

Art and Design		ADE3
Lead Staff: Ms Romanski	Cost: £15 (Deposit £5)	Maximum Number: 25
<p>This workshop is perfect for those who think that their Art lessons are not long enough! Working with the art department, you will have a chance to develop your artistic and design skills using a range of media. Whether it is creating a large statement piece or a small intricate piece of work, unleash your creativity and see what you can produce.</p>		

CSI		CSI3
Lead Staff: Ms Needham	Cost: £20 (Deposit £5)	Maximum Number: 12
<p>A murder has taken place at Plympton Academy and we need dedicated detectives to investigate and solve the crime! Come dressed in your detective get-up, bring a magnifying glass and be ready to use those little grey cells!</p> <p>We will also be taking a trip to 18th century Cornwall to see what life was like as a prisoner in Bodmin Jail and to investigate the history of punishments. We will be travelling by minibus during the school day, and should be back by 3pm. You'll need a packed lunch, a drink and sensible footwear. You may also need a sunhat and suncream if the day is very hot, as well as some pocket money for the gift shop if you want to buy a souvenir.</p>		

Flight Club		FCL3
Lead Staff: Mr Glanville	Cost: FREE	Maximum Number: 24
<p>Launch your aeronautical career here by harnessing and mastering the power of flight. Develop the knowledge of the aerodynamics lift and thrust, needed to create gliders and ultimately rocket power!!</p> <p>Day 1 will see you creatively develop paper gliders from the traditional to more imaginative, finishing with light winged gliders using wood and foam.</p> <p>Day 2 you will construct chinenese fighting kites with the use of lightweight materials such as bamboo and tracing paper following the same process that has been used for the past 2000 years.</p> <p>Day 3 we bring together the use and understanding of aerodynamics, flight, air resistance and crafting skills to develop compressed air water rockets, with the potential to launch the rocket up to 100m into the skies above Plympton.</p> <p>If you enjoy building, making and getting stuff to fly. Join us in the T4 hangar for your activities week.</p>		

Fishing		FIS3
Lead Staff: Mr Brown	Cost: £110 (Deposit £30)	Maximum Number: 9
<p>An opportunity to go fishing whether it is your first time or whether you are a budding pro come and catch your dinner and marvel at the beauty of the sea-life on our doorstep. We will give an opportunity for shore fishing from a range of local marks including Elphinstone Key and the Wet Wok harbour walls.</p> <p>Later in the week we are chartering a fully licensed sea fishing boat to take us for a deep sea fishing experience. We are to run competitions each day on fisherman of the day based on the size of catch, number of species caught and best effort awards. You do not need to have your own tackle as this can be provided and is built into the price along with bait. However if you have your own equipment then you can bring and use that too.</p>		

The Great Plympton Bake Off		GBO3
Lead Staff: Ms Kneebone	Cost: £25 (Deposit £10)	Maximum Number: 30
<p>Could you be the next Plympton Academy star baker?</p> <p>Are you the type of chef who burns the toast or can't boil an egg? Or are you the type of chef who can give Paul Hollywood or Mary Berry a run for their money? Well, this gastronomic extravaganza is bound to tickle your tastebuds!</p> <p>Learn how to bake one of Miss Worth's famous drip cakes, biscuits and even pizza! Each day will follow the style of the Great British Bake Off with a technical challenge, a recipe bake, and an eye-catching showstopper bake. There will be a daily star baker, and an overall Plympton Academy star baker at the end of the week who will receive an extra special award!</p> <p>This activity will appeal to those of you who want to improve your basic culinary skills or, equally, gives the more adventurous amongst you the chance to develop the intricate art of decorating cakes!</p> <p>You'll be able to take home your creations to share with your family, if you can make them last that long! All ingredients will be supplied and extra special prizes will be up for grabs each day.</p>		

Horrible Histories Deluxe		HH3
Lead Staff: Ms Brake	Cost: £10 (Deposit £5)	Maximum Number: 14
<p>Create your own 'horrible' history - for example: recreate the symptoms of the Black Death or create your own sarcophagus of Tutankhamun. If that doesn't take your fancy, what about making your own Saxon or Norman shield to use at our recreated Battle of Hastings? We will be using our experiences to go and explore the ruins of Plympton Castle and take a hunt (for 'horrible' treasure) around old Plympton St Maurice. On day two, we will be visiting the surroundings of Plymouth Hoe and looking out for 'horrible' pirates at the top of Smeaton's Tower and the Maritime Museum. We will picnic at the Hoe - so pack a 'horrible' picnic! Before playing some 'horrible' history games! Day three, like a mummy, is being kept under wraps as a special treat but it will be something horrible and historical!</p>		

Look Good Feel Good		LGFG3
Lead Staff: Ms Hooper	Cost: £35 (Deposit £10)	Maximum Number: 25
<p>This three day workshop will give you a variety of techniques to both look and feel good. From makeup and styling tips; hints on skin-care and a beauty routine to strategies that will help you to de-stress and unwind. These three days will help you to look good and feel good with a goody bag of beauty products to take away with you.</p>		

Off-Roading		OFF3
Lead Staff: Mr Strachan	Cost: £135 (Deposit £30)	Maximum Number: 15
<p>Get your motor running and head out on the off road track.</p> <p>If you have a passion for Motorcycles then this is the challenge week activity for you. We have 30 spaces available to take students to Wheeldon Farm for a two day experience of Motorcycle riding. Day one will be spent learning the controls such as clutch and gears, accurate throttle control and how to ride on off road terrain. Day two will be spent giving you time to practise putting your skills to the tests on one of Wheeldons brilliant indoor and outdoor tracks. All safety kit is provided. They also have a full range of Motorcycles ranging from automatic to clutch and gear bikes meaning everyone of every ability can get involved.</p> <p>On Wednesday you will also be involved in a visit to Harley Davidson Plymouth for a behind the scenes tour of the Harley Workshop. We will also be spending the day designing a concept motorcycle with a high quality prize going to the winner.</p> <p>All abilities are welcome to take part in the activity from novice to experienced rider. The centre is set up to accommodate everyone so regardless of whether you have never ridden a bike before you are certain to get a fantastic experience from this.</p>		

Plympton On Tour 3 Day Option		POT3
Lead Staff: Ms Heard	Cost: £80 (Deposit £10)	Maximum Number: 42
<p>Join Plympton Academy's very own coach trip with day trips to a variety of thrill-seeking activities. Monday see's an early start as we will be visiting Alton Towers for the day to take on the big seven including the Wicker Man; Rita and Nemesis. After a lie in on Tuesday, we will spend the day at the Ski Centre for a day of skiing; tubing and tobogganning (students will need to make their own way to and from the ski centre). On Wednesday we're off to Woodlands for riding, sliding and (more) toboggan glides,</p> <p>This is the three day version of Plympton on Tour. Please be aware that the visit to Alton Towers will depart early from school and return late (approximately 5am / 10pm) and school transport will not be available.</p>		

Surf Safari		SUS3
Lead Staff: Mr Taylor	Cost: £105 (Deposit £25)	Maximum Number: 30
<p>Come and experience North Cornwall's best beaches giving you the chance to surf in some of the best conditions in the UK. Taking the journey to the north coast allows you to challenge yourself in the best and most consistent waves we have locally whilst under the watchful eye of Waves surf school.</p> <p>You will be taken to and from Mawgen Porth, one of the North coasts best surf sports, enjoy a range of beach games and spend time with the excellent instructors at Waves surf school. If you are a beginner who loves the idea of surfing, or if you are an experienced surfer who loves the beach, this is the activity for you.</p> <p>All equipment will be provided, although you can bring your own wetsuit and/or board. You will be provided with a list of items you need to bring with you before the activity begins.</p>		

TWO DAY ACTIVITIES

Art and Design		ADE2
Lead Staff: Ms Romanski	Cost: £10 (Deposit £5)	Maximum Number: 25
<p>This workshop is perfect for those who think that their Art lessons are not long enough! Working with the art department, you will have a chance to develop your artistic and design skills using a range of media. Whether it is creating a large statement piece or a small intricate piece of work, unleash your creativity and see what you can produce.</p>		

CSI		CSI2
Lead Staff: Ms Needham	Cost: £16 (Deposit £5)	Maximum Number: 12
<p>A murder has taken place at Plympton Academy and we need dedicated detectives to investigate and solve the crime! Come dressed in your detective get-up, bring a magnifying glass and be ready to use those little grey cells!</p> <p>We will also be taking a trip to 18th century Cornwall to see what life was like as a prisoner in Bodmin Jail and to investigate the history of punishments. We will be travelling by minibus during the school day, and should be back by 3pm. You'll need a packed lunch, a drink and sensible footwear. You may also need a sunhat and suncream if the day is very hot, as well as some pocket money for the gift shop if you want to buy a souvenir.</p>		

Flight Club		FCL2
Lead Staff: Mr Glanville	Cost: FREE	Maximum Number: 24
<p>Launch your aeronautical career here by harnessing and mastering the power of flight. Develop the knowledge of the aerodynamics lift and thrust, needed to create gliders and ultimately rocket power!!</p> <p>Day 1 will see you creatively develop paper gliders from the traditional to more imaginative, finishing with light winged gliders using wood and foam.</p> <p>On day 2 we bring together the use and understanding of aerodynamics, flight, air resistance and crafting skills to develop compressed air water rockets, with the potential to launch the rocket up to 100m into the skies above Plympton.</p> <p>If you enjoy building, making and getting stuff to fly. Join us in the T4 hangar for your challenge week.</p>		

Fishing		FIS2
Lead Staff: Mr Brown	Cost: £20 (Deposit £5)	Maximum Number: 9
<p>An opportunity to go fishing whether it is your first time or whether you are a budding pro come and catch your dinner and marvel at the beauty of the sea-life on our doorstep. We will give an opportunity for shore fishing from a range of local marks including Elphinstone Key and the Wet Wok harbour walls.</p> <p>We are to run competitions each day on fisherman of the day based on the size of catch, number of species caught and best effort awards. You do not need to have your own tackle as this can be provided and is built into the price along with bait. However if you have your own equipment, then you can bring and use that too.</p>		

The Great Plympton Bake Off		GBO2
Lead Staff: Ms Kneebone	Cost: £20 (Deposit £5)	Maximum Number: 30
<p>Could you be the next Plympton Academy star baker?</p> <p>Are you the type of chef who burns the toast or can't boil an egg? Or are you the type of chef who can give Paul Hollywood or Mary Berry a run for their money? Well, this gastronomic extravaganza is bound to tickle your tastebuds!</p> <p>Learn how to bake one of Miss Worth's famous drip cakes, biscuits and even pizza! Each day will follow the style of the Great British Bake Off with a technical challenge, a recipe bake, and an eye-catching showstopper bake. There will be a daily star baker, and an overall Plympton Academy star baker at the end of the week who will receive an extra special award!</p> <p>This slightly shortened version of the three day bake off activity, will appeal to those of you who want to improve your basic culinary skills or, equally, gives the more adventurous amongst you the chance to develop the intricate art of decorating cakes!</p> <p>You'll be able to take home your creations to share with your family, if you can make them last that long! All ingredients will be supplied and extra special prizes will be up for grabs each day.</p>		

Horrible Histories		HH2
Lead Staff: Ms Brake	Cost: £7:50 (£5)	Maximum Number: 14
<p>Create your own 'horrible' history - for example: recreate the symptoms of the Black Death or create your own sarcophagus of Tutankhamun. If that doesn't take your fancy, what about making your own Saxon or Norman shield to use at our recreated Battle of Hastings? We will be using our experiences to go and explore the ruins of Plympton Castle and take a hunt (for 'horrible' treasure) around old Plympton St Maurice. On day two, we will be visiting the surroundings of Plymouth Hoe and looking out for 'horrible' pirates at the top of Smeaton's Tower and the Maritime Museum. We will picnic at the Hoe - so pack a 'horrible' picnic!</p>		

Look Good Feel Good		LGFG2
Lead Staff: Ms Hooper	Cost: £25 (Deposit £10)	Maximum Number: 25
<p>This two day workshop will give you a variety of techniques to both look and feel good. From makeup and styling tips; hints on skin-care and a beauty routine to strategies that will help you to de-stress and unwind. These two days will help you to look good and feel good.</p>		

Off-Roading		OFF2
Lead Staff: Mr Strachan	Cost: £127 (Deposit £30)	Maximum Number: 15
<p>Get your motor running and head out on the off road track.</p> <p>If you have a passion for Motorcycles then this is the challenge week activity for you. We have 30 spaces available to take students to Wheeldon Farm for a two day experience of Motorcycle riding. Day one will be spent learning the controls such as clutch and gears, accurate throttle control and how to ride on off road terrain. Day two will be spent giving you time to practise putting your skills to the tests on one of Wheeldons brilliant indoor and outdoor tracks. All safety kit is provided. They also have a full range of Motorcycles ranging from automatic to clutch and gear bikes meaning everyone of every ability can get involved.</p> <p>All abilities are welcome to take part in the activity from novice to experienced rider. The centre is set up to accommodate everyone so regardless of whether you have never ridden a bike before you are certain to get a fantastic experience from this.</p>		

Plympton On Tour 2 Day Option		POT2
Lead Staff: Ms Heard	Cost: £40 (Deposit £10)	Maximum Number: 42
<p>Join us for two days of fun and excitement at two local adventure parks. On Thursday then it's off to Crealy on Thursday to ride the Vortex; Twister and Maximus. We'll (hopefully) finish the week sunbathing and watersliding at Splashdown QuayWest.</p> <p>Students will need to bring a packed lunch with them for each day, or money to buy food. On Thursday we will return to school at approximately 4pm, and 3pm on Friday.</p>		

Surf School (Bigbury)		BSU2
Lead Staff: Mr Price	Cost: £46 (Deposit £10)	Maximum Number: 15
<p>Do you love the ideas and challenge of riding the waves on a surfboard? Or maybe you are an experienced surfer and would like the opportunity to gain some tips from the experts. If the answer to any of this is YES, then the Surfing and Beach Games is for you!</p> <p>You will be based at Discovery Surf School at Bigbury Bay. All sessions include an introduction to surfing; including important information on beach safety and basic surfing knowledge. You will be standing up and riding the waves and, for the experts, a chance to practice your skills at one of Devon's best surfing beaches.</p> <p>We will also find time for FUN beach games: Cricket, Volleyball, Rounders, Kite Flying and Frisbee....and more! A positive attitude. love of the sea and beach is a must!!</p> <p>All equipment will be provided, although you can bring your own wetsuit and/or board. You will be provided with a list of items you need to bring with you before the activity begins.</p>		

CHALLENGE WEEK 2019 BOOKING FORM

Please tear this page and return this form via your form tutor to student services. Do not include deposits at this stage.

Name:	Tutor Group
-------	-------------

Code	Activity	Activities (preference order)				
		1st	2nd	3rd	4th	5th
Five Day Activities						
AWA	A Week of Adventure					
AWS	A Week of Watersports					
PGL	Barton Hall					
FOA	Football Academy					
LDN	London Residential					
HPO	Harry Potter					
NET	Netball					
OBE	On Your Bike					
OYD	On Your Doorstep					
POT5	Plympton On Tour (5 Day)					
SUP	Saddle Up					
SKT	Skate					
TGAG	Think Global Act Global					
Three Day Activities						
ADE3	Art and Design					
CSI3	CSI					
FCL3	Flight Club					
FIS3	Fishing					
GBO3	Great Plympton Bake Off					
FTB	Football Academy					
HH3	Horrible Histories Deluxe					
LGFG3	Look Good Feel Good					
OFF3	Off-Roading					
POT3	Plympton On Tour (3 day)					
SUS3	Surf Safari					
Two Day Activities						
ADE2	Art and Design					
CSI2	CSI					
FCL2	Flight Club					
FIS2	Fishing					
GBO2	Great Plympton Bake Off					
HH2	Horrible Histories					
LGFG2	Look Good / Feel Good					
OFF2	Off-Roading					
POT2	Plympton On Tour (2 day)					
BSU2	Surf School (Bigbury)					

Before handing it in, please complete the section on the reverse of this form

The completed form must be signed by parents/carers. Once handed in you **will not** be able to change your choices.

- Note that your signature:
- (a) commits you to the activities you have chosen.
 - (b) commits you to pay for those activities.
 - (c) commits you to the behaviour that is required to take part in the activities.

Student Signature _____ Date _____

Parent Guardian Signature _____ Date _____