

How quickly the end of term is coming and there is still so much in the calendar - unfortunately we have had to cancel our carol service but are planning on recording some performances from our students to share with everyone.

A gentle reminder about dropping off and picking up your sons/daughters - please remember to park sensibly so that other students, drivers and residents are not impacted.

As you will see from this newsletter we have some great achievements in sport again - what a talented lot of students we have! Well done to everyone who takes part - great team work.



Children in Need Day
Friday 19th November
Thank you for your support - we
raised over £800!!



Friday 10th December
Students can pay £1 to
wear their Christmas
Jumper with their school
uniform/PE kit

AlterEgo Creative Solutions were commissioned by Norfolk Constabulary to develop an Applied Theatre play to raise awareness around Child Criminal Exploitation – specifically the strand of the County Lines drug trafficking model that sees vulnerable adults and young people targeted by organised groups and gangs to groom, trick, trap and manipulate them into trafficking drugs and sometimes weapons.

Our students in Years 9, 10 and 11 will see this production this week.

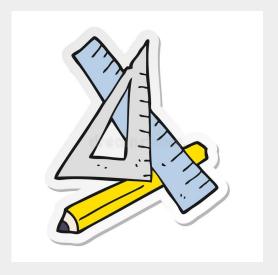


The Senior Mathematical Challenge is a 90-minute, multiple-choice Challenge.

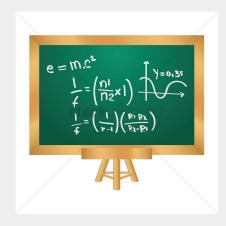
It encourages mathematical reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems.

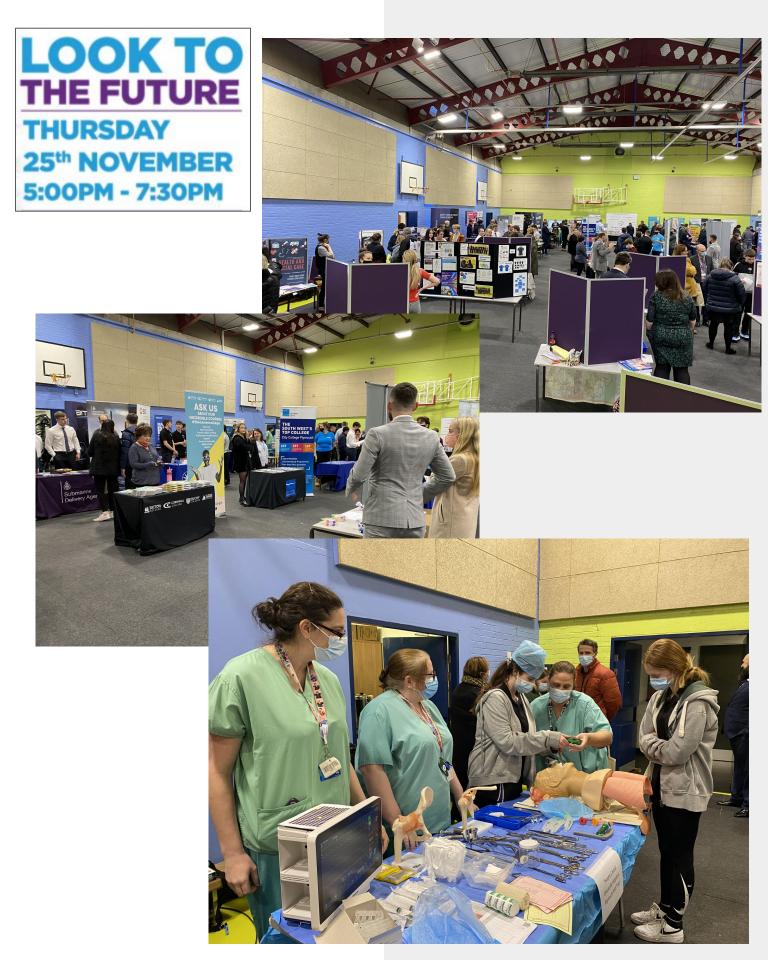
The problems on the Senior Mathematical Challenge are designed to make students think. Most are accessible, yet still challenge those with more experience.

We entered all of our A level mathematicians. To get a gold award you need to be in the top 6000 in the country!



Chloe Collins GOLD
Harvey Metherel SILVER
Joshua Pinder BRONZE
Sophie Smith BRONZE
Ella Kerswill BRONZE
Freya Martin BRONZE
Jack Hillon BRONZE
Abi White BRONZE







A reminder for our Year 10 and Year 12 students to arrange their work experience for next year.

work experience gives our students an understanding of the work environment and what employers expect of their workers, an opportunity to explore possible career options, increased self-understanding, maturity, independence and self-confidence.

Ms Arkell and Ms Overton can provide further

support if needed.

### 6th form Football



The Post 16 football team enjoyed a CV League fixture this evening where they competed against Heles, Plymstock and Eggbuckland.

The team were excellent and competed really well throughout, narrowly losing to Heles and Plymstock, then earning a 3-3 draw vs Eggbuckland in the final game.

Leo Williams was impressive and demonstrated some excellent individual skills and Charlie West for his natural leadership and supportive nature.

It was great to see the KS5 students representing the Academy again!



## Yr 7 Football

The boys beat both DHSB and Plymstock without conceding a goal in their first 7 a side central venue fixtures.



We were blown away by their maturity in possession of the ball, and understanding of the game. The boys have two more sets of fixtures in the tournament and we are sure they will give a good account of themselves. They will also have more training sessions coming up, so the future is looking extremely bright!!

Special mentions to both Tom Ashington and Alfie Jeffers for outstanding performances. Tom's balance and creativity whilst dribbling with the ball was exceptional. Alfie's composure in defence was brilliant allowing him to calmly win the ball back and start attacks with a variety of different passes.

Overall, all of the boys played extremely well and should be proud of how they represented the Academy.



### Yr 10 Netball



Our AMAZING year 10/11 netballers combined players and played 3 matches at Hele's against Plymouth High, Coombe Dean and Lipson.

This was their first match together after a 3 week break in training and they were SUPER!

Their warm up match was Lipson - they lost 15 - 5
They WON their second against Coombe Dean 15 - 2

And impressed against a tough side, Plymouth High.



After their next 3 training sessions they will be set and prepared to take on Stoke Damerel on the 9th December.

### Yr 7 Basketball



This was the students first experience of Basketball at secondary school and we were amazed with how quickly they all picked up the rules and applied their knowledge and understanding of the game. All students were excellent, in particular Alfie Jeffers, Bryce Mills and Zac Stanton.



Year 7
success in
the Basketball
CV League at
Plymouth Life
Centre.

The boys won 6-0 vs Heles and 8-2 vs DHSB.

Unfortunately Stoke D were unable to stay around for their 5pm game.



# Substance use information and support sessions

For parents and carers Tuesday 7<sup>th</sup> December 6pm-7.30pm

Young people's drop in Wednesday 8<sup>th</sup> December 4pm-6pm

@The Rees Centre Wellbeing Hub Mudge Way, Plympton, PL72PS





This guide from MyTutor has lots of useful tips and advice for parents to help their teens overcome body image issues, academic anxiety, peer pressure and cyberbullying, including links to other important teen mental health resources - all of which can be helpful in these uncertain times.

#### Teen Mental Health - A Guide for Parents

https://www.mytutor.co.uk/blog/parents/ed ucational-advice/teen-mental-health-a-guide -for-parents/

**MyTutor** 



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