

Health and Social Care – Component 3 – Health and Wellbeing

Subject	Exam board	Name of exam paper	Length of exam	Content of exam	Specification	Useful revision resources	Essential equipment for the exam.	Date of exam	1
Health and Social Care	Pearson BTEC L2	Component 3 exam paper	2 hours	Health and Wellbeing Factors affecting Health Physiological Indicators Lifestyle Indicators Recommendations to improve health Barriers to improving health Obstacles to improving health	Specification - Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care 2022	Revision resources can be found on MS Teams and the school website Series of Tutor2U Videos https://youtube.com/playlist?list=PLp8BSCLLWBUA-4mj_vxoHdCkAQYth_PbR&si=loilBybhdYvp2Y26	Black Pen	5 th June 2026	e