

Last Edited: 2/17

[illegible]

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Knorr Gluten Free Gravy Granules Meat Dishes makes 75ltr (1 x 6kg)	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Mixed Side Salad 4862 (Yield 50ptn/s) *	4862	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Red Lentils 1x3kg	2640	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Spiced Pineapple Cake 1001790 (Yield 21ptn/s)	1001790	YES	YES	X	X	X	X	X	X	X	X	YES	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N Ifg Plain Muffin Mix 4 x 3.5kg	7102	YES	YES	X	X	X	X	X	X	X	X	YES	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Pineapples Medium BB Each	2350	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Curtis Cut Mixed Peel 1x1kg	2655	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X
Dark Brown Soft Sugar 1x3kg	2831	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Cinnamon 1x450g	2668	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Complete Custard Mix 3.5kg	2656	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Beef & Lentil Bolognaise with Pasta and House Salad 4871 (Yield 60ptn/s)	4871	YES	YES	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Brk H/Choice Lean Beef Mince 10%Fat2.5kg	1008093	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions 1 x2.5kg	2858	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mixed Herbs 1x130g	1003059	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75ltr (1 x 6kg)	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Red Lentils 1x3kg	2640	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mixed Side Salad 4862 (Yield 50ptn/s) *	4862	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X
Halal Beef Bolognaise & Lentil with Pasta and House Salad 4876 (Yield 60ptn/s)	4876	YES	YES	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Halal Beef Mince 1x2.5kg	2719	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions 1 x2.5kg	2858	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Mixed Herbs 1x130g	1003059	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cooks & Co Garlic Puree 1x1.2kg	2625	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Knorr Gluten Free Gravy Granules Meat Dishes makes 75ltr (1 x 6kg)	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Red Lentils 1x3kg	2640	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Mixed Side Salad 4862 (Yield 50ptn/s) *	4862	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X

[illegible]

[illegible]

[illegible]

[illegible]

Recipe Name	StarChef Key	Cereals containing Gluten:	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
Carrots Catering C2 PK 12.5kg	2533	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vegetable Squashage Roll with Roast House Gravy 1016053 (Yield 12ptn/s)	1016053	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	M	M	M	M	M	M	M	M	M	M	X	X	YES	X	X
Mature White Cheddar min 4.75kg	2388	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Butternut Squash BB 1xEach	2372	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Onions Red PK 1x10kg	2352	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cannellini Beans 1x800g	2740	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Raw Pastry - Puff Pastry Sheets [625g]	2570	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Med F/Range Shell Eggs RA 1x15Doz	2583	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Pumpkin Seeds 1x430g	1002981	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sunflower Seeds 1x1kg	2514	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Extended Life Rapeseed Oil 1x20 ltr	2613	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sesame Seeds 1kg - VE	8775	X	X	X	X	X	X	X	X	X	X	X	X	X	M	M	M	M	M	M	M	M	M	M	M	X	YES	X	X
Roast Potatoes 4880 (Yield 10ptn/s) *	4880	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Cabbage, Carrots and Peas Spring/Summer 1017209 (Yield 70ptn/s) *	1017209	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
House Gravy 100 Portion 1017207 (Yield 100ptn/s) *	1017207	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Salt & Pepper Roast Chicken Crisp Roasties Seasonal Veg & Roast House Gravy 1018242 (Yield 50ptn/s)	1018242	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Yorkshire Pudding Homemade 4884 (Yield 30ptn/s) *	4884	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Roast Potatoes 4880 (Yield 10ptn/s) *	4880	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Gravy 100 Portion 4959 (Yield 100ptn/s) *	4959	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Seasonal Veg Spr/Summer 4882 (Yield 100ptn/s) *	4882	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Stuffing Balls 4941 (Yield 10ptn/s) *	4941	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chicken Drumsticks Skin on 20x125g	2604	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Halal Salt & Pepper Roast Chicken 1001887 (Yield 50ptn/s)	1001887	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chicken Drumsticks Raw Halal Uncal 1000247	1000247	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground White Pepper 1x525g	1003057	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Yorkshire Pudding Homemade 4884 (Yield 30ptn/s) *	4884	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Roast Potatoes 4880 (Yield 10ptn/s) *	4880	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Gravy 100 Portion 4959 (Yield 100ptn/s) *	4959	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Seasonal Veg Spr/Summer 4882 (Yield 100ptn/s) *	4882	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Stuffing Balls 4941 (Yield 10ptn/s) *	4941	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sticky Ginger Cake 1017604 (Yield 21ptn/s)	1017604	YES	YES	X	X	X	X	X	X	X	X	YES	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
N Ifg Plain Muffin Mix 4 x 3.5kg	7102	YES	YES	X	X	X	X	X	X	X	X	YES	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Golden Syrup 1x7.26kg	2505	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Ginger 1x400g	1003051	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Nutmeg 1x450g	1003053	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Ground Cinnamon 1x450g	2668	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sysco Classic Complete Custard Mix 3.5kg	2656	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Glazed Gammon with Crisp Roasties Seasonal Veg & Roast House gravy 1001755 (Yield 50ptn/s)	1001755	YES	YES	X	X	X	X	X	X	X	X	YES	X	YES	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X

[illegible]

[illegible]

	StarChef Key	Cereals containing Gluten:																													
		Wheat		Spelt (Wheat)		Kamut (Wheat)		Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide /sulphites	Lupin
Recipe Name																															
Caster Sugar 1x25kg	2827	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Oatflakes 1 x 12.5kg	1006356	YES	M	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Creamy Pesto Pasta 16oz 7332 (Yield 15ptn/s)	7332	YES	YES	X	X	X	X	X	X	X	X	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Plain Flour 1x3kg	2346	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Round Kraft Salad Bowl 450ml	1014527	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Homemade Pesto by ml 4854 (Yield 1ptn/s) *	4854	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Creamy Pesto Pasta 12oz 7333 (Yield 20ptn/s)	7333	YES	YES	X	X	X	X	X	X	X	X	X	X	M	YES	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Valdigrano Penne Pasta 1x5kg	2779	YES	YES	X	X	X	X	X	X	X	X	X	X	M	X	X	X	X	X	X	X	X	X	X	X	X	X	M	X	X	X
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brakes Cooking & Baking 36x250g	2803	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Semi Skimmed Milk (Green) 1x2.27ltr	2600	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Brake Plain Flour 1x3kg	2346	YES	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Round Kraft Salad Bowl 450ml	1014527	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Homemade Pesto by ml 4854 (Yield 1ptn/s) *	4854	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vegan Chickpea & Coriander Burger with Fries 1000169 (Yield 20ptn/s)	1000169																														

[illegible]

	StarChef Key	Cereals containing Gluten:																Allergens															
		Wheat		Spelt (Wheat)		Kamut (Wheat)		Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin		
Recipe Name																																	
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Red Kidney Beans 1x800g	2739	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Mild Chilli Powder 1x500g	2691	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Chillies Red BB 1x250g	2634	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Tomato Paste 1x800g (KC1)	3062	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Knorr Gluten Free Gravy Granules Meat Dishes makes 75ltr (1 x 6kg)	1005086	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Easy Cook Long Grain Rice 1x3kg	2783	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Tortilla Chips 1x14 [475g]	2567	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Garlic Prepared Peeled BB 1x1kg	2360	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sweetcorn Portion 4912 (Yield 1ptn/s) *	4912	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Crushed Chillies 1x300g	1003011	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Smoked Paprika 1x450g	1003073	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Lamb & Mutton - Brake Lamb Mince 20 Fat 25kg	739	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Halal Smokey Lamb Chilli Rice Nachos and Corn 5048 (Yield 70ptn/s)	5048	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Wilsons Minced Lamb Halal 1x2.5Kg	2393	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Onions 1 x2.5kg	2858	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X		
Sysco Classic Chopped Tomatoes in Juice 1x 2.5kg	2551	X	X	X	X																												

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

	StarChef Key	Cereals containing Gluten:																	Allergens																
		Wheat		Spelt (Wheat)		Kamut (Wheat)		Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Tree Nuts:	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide /sulphites	Lupin				
Recipe Name																																			
Instant Dried Yeast 1x500g	2503	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Chef William Table Salt 1x6kg	2623	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco Classic Ground Black Pepper 1x500g	2703	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Tap Water	2874	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco Essential Thick Cut Chip 6x2.5kg	1005272	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Lemons BB 5 Pack	2815	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco ClassicTartare Sauce 1x 2.15kg	2610	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X				
Sarsons Plastic Vinegar (7669) 12x300ml	180	YES	X	X	X	X	YES	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco Classic Mushy Peas 1x 2.61kg	216	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Garden Peas 4865 (Yield 50ptn/s) *	4865	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Salmon Fishcake, Chips & Peas 4969 (Yield 20ptn/s)	4969	YES	YES	X	X	X	X	X	YES	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X				
MJ Salmon Fish cake 40x57g	2654	YES	YES	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco Essential Thick Cut Chip 6x2.5kg	1005272	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Lemons BB 5 Pack	2815	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Sysco ClassicTartare Sauce 1x 2.15kg	2610	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	YES	X	X	X				
Mixed Side Salad 4862 (Yield 50ptn/s) *	4862	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Garden Peas 4865 (Yield 50ptn/s) *	4865	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Margherita Pizza & Chips 4955 (Yield 6ptn/s)	4955	YES	YES	M	M	M	M	M	X	X	X	X	X	YES	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Tugo 12" Dough Disc	1007196	YES	YES	M	M	M	M	M	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Pizza Sauce In Pouches	2400	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X				
Tugo Standard Blend Cheese 8 x 2kg	2398	X	X																																

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible]